



For kids Only

at The Sports Club/LA



Indoor
Play Space



Birthdays and
Events



Camps



Enrichment
Programs



THE SPORTS CLUB/LA

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About For Kids Only

For Kids Only is a "Club within the Club," where children are well cared for in our fun and stimulating environment — exercising their minds and bodies. Far more than childcare, *For Kids Only* offers a wide variety of enrichment programs ranging from sports and art to music and drama. Implementing a whole child philosophy that encompasses all aspects of a child's development: social, physical, emotional and intellectual, the programs at *For Kids Only* are developmentally age-appropriate with a focus on fostering self-esteem, creativity and problem solving. We believe how a child feels about himself while learning is as important as the learning itself.

Winter/Spring Highlights

Save the Dates!

Thursday, December 15th

Add some warmth to your winter and celebrate the holiday times with friends at our *For Kids Only* Winter Party.

Tuesday, February 14th

Join *For Kids Only* and Cupid this Valentine's Day for our Annual Valentine's Day Party! Loving treats for both moms and babes.

Come Spend your School's Break with us!

Quality enrichment programs, presented by our professionally trained staff.

Winter Break Clinics: December 19th - 30th

President's Day Clinic: Monday, February 20th

Spring Break Clinics: April 9th - 13th

9:30am - 12:00pm • 2.5 - 3.5yrs** Themed activities include messy art, dramatic play, sports, tumbling, cooking, music, and more. Class includes snack and story.

Members: \$80/day; non-members: \$95/day

Members: \$210/M,W,F; non-members: \$240/M,W,F

Members: \$150/T,Th; non-members: \$180/T,Th

9:00am - 2:00pm • 3.5 - 5yrs. Themed activities include swimming, rock climbing, science, messy art, dramatic play, sports, yoga, tumbling, cooking, music, and more. Class includes snack, story, and lunch.

Members: \$110/day; non-members: \$130/day

Members: \$270/M,W,F; non-members: \$300/M,W,F

Member: \$190/T,Th; non-members: \$220/T,Th

**Extended lunch and play time available from 12:00 - 2:00pm (Members: \$25; non-members: \$30).

Family Fun Tip!

This is a fun recipe for ice cream that we use in classes and clinics. Try this with your family and let us know how it goes.

Ice Cream in a Bag

1. Combine 2 Tablespoons sugar, 1 cup Half-n-Half, and ½ teaspoon vanilla extract in a pint-size zip-lock bag and seal it tightly.
2. Place ½ cup salt (larger granules work best) and ice in a gallon-size zip-lock bag.
3. Place the sealed smaller bag inside as well. Seal the larger bag.
4. Shake the bags until the mixture hardens (about five minutes). Feel the small bag to determine when it feels done.
5. Take the smaller bag out of the larger bag, add mix-ins; eat the ice cream right out of the bag!

Stay and Play

All registered participants in the winter/spring 2012 semester will receive complimentary admission to our *For Kids Only* play space on Tuesday and Thursday afternoons from 1:30 - 3:45pm by reservation. Call to reserve your spot at 917.286.9800. Great for play dates and meeting new friends.



Winter/Spring 2012

For Kids Only Children's Enrichment Schedule

January 23rd – May 25th, 2012 * 17 class weeks
There will be no classes on February 20th and April 9th – 13th.
Members and non-members welcome

Monday

2 – 3yrs.
Just For Me
9:30am – 12:00pm
M & W
M: \$3,400 n: \$3,700

3 – 5yrs.
Creation Station
Princess Ballet/Tap
3:30 – 4:15pm
M: \$560 n: \$640

2yrs.
Creation Station
Ballet/Tap
4:30 – 5:15pm
M: \$560 n: \$640

Tuesday

2 – 3yrs.
Just For Me
9:30am – 12:00pm
T & Th
M: \$3,400 n: \$3,700

18 – 22mos.
Little Steps
(separation class)
10:00 – 11:30am
M: \$850 n: \$1,000

3 – 5yrs.
Creation Station
Princess Ballet/Tap
3:30 – 4:15pm
M: \$595 n: \$680

3yrs.
Creation Station
Ballet/Tap
4:30 – 5:15pm
M: \$595 n: \$680

Wednesday

2 – 3yrs.
Just For Me
9:30am – 12:00pm
M & W
See Monday \$\$

2 – 3yrs.
Just For Me
9:30am – 12:00pm
W & F
M: \$3,400 n: \$3,700

4 – 6yrs.
Gotham Tennis
3:30 – 4:15pm
M: \$540 n: \$585*
M: \$480 n: \$520**

5 – 7yrs.
Gotham Tennis
4:15 – 5:00pm
M: \$540 n: \$585*
M: \$480 n: \$520**

12 – 24mos.
Super Soccer Stars
Kick and Play
3:30 – 4:15pm
M: \$595 n: \$680

3 – 4.5yrs.
Super Soccer Stars
3:45 – 4:30pm
M: \$595 n: \$680

3 – 4.5yrs.
Super Soccer Stars
4:30 – 5:15pm
M: \$595 n: \$680

Thursday

2 – 3yrs.
Just For Me
9:30am – 12:00pm
T & Th
See Tuesday \$\$

2 – 3yrs.
Creation Station
Mighty Muscles
3:30 – 4:15pm
M: \$595 n: \$680

18 – 24mos.
Creation Station
Tots n' Tutus
4:30 – 5:15pm
M: \$595 n: \$680

5 – 7yrs.
Basketball
4:15 – 5:00pm
M: \$595 n: \$680

Friday

2 – 3yrs.
Just For Me
9:30am – 12:00pm
W & F
See Wednesday \$\$

12 – 36mos.
Musical Paintbrushes
10:00 – 11:00am
M: \$595 n: \$680

18mos.+
Running with Paintbrushes
11:00am – 12:00pm
M: \$595 n: \$680



For
Just for Me:
Add on 1/2 hour
lunch & 1 1/2 hour
extended play
\$25 Members;
\$30 non-members

*Session 1: January 25th – March 14th

**Session 2: March 21st – May 23rd

Please note: For Kids Only classes will be closed
February 20th and April 9th – 13th.

Please contact the Fun n Fit Coordinator at
917.286.9730 for more information or to register.



"It's a Club within a Club for Children"

Dance/Movement

Creation Station Tots & Tutus (18-24mos.): Join your child in experiencing dance for the first time in this introductory ballet class. Child and caregiver are exposed to ballet basics while exploring creative dance. Each class ends with a dress-up performance for a magical dance experience! (Ballet or soft shoes and ballet or comfortable clothes to move in suggested.)

Creation Station Tap & Ballet (2yrs.): Bend, stretch, plie and tap on over to a great time with this exciting dance experience. Children experience creativity in movement, develop coordination, and gain self-esteem in a non-competitive environment. Children learn the fundamentals of dance without sacrificing the joys of being a child! (Ballet and tap or soft and hard shoes suggested.)

Creation Station Princess Ballet (3-5yrs.): Calling all princess fans! You are invited to dance the stories of your favorite princesses at the Princess Ballet. Children use music and movement to explore stories such as: Cinderella, Sleeping Beauty, and The Nutcracker; including plot, characters, costumes, and props.

Sports

Basketball: Learn the basic skills needed to play basketball with resident sports pro. All classes include drills and practice games in a positive non-competitive environment. Beginners welcome.

Super Soccer Stars: Dynamic international coaches work with every student to develop skills, self-confidence, and teamwork in a fun, non-competitive environment. Positive reinforcement and an extremely low child to coach ratio ensures each child will improve soccer skills through engaging warm-ups, drills, and games-all while having endless fun!

Mighty Muscles: A perfect class for active 2 year olds! Class begins with a self-select, active-play experience (mats, tunnels, ramps, balls, scooters). This allows children to join in at their own pace. Active play is followed by warm-ups and follow-along activities. Class finishes with a focus skill and group activity. Children are exposed to sports movements (running, kicking, balancing, jumping, catching) as well as creative movement (moving like animals, making shapes with their bodies, etc.)

Gotham Tennis: The Gotham Quick-start Tennis Program emphasizes skill development and fun on a specially equipped tennis court. In friendly, small group tennis lessons, Gotham Tennis Academy's certified professional instructors utilize foam balls, mini-nets, and age and level appropriate miniature racquets to accelerate development of early muscle memory. In no time, your child will learn to swing the racquet and move his or her feet like a tennis prodigy!

Combined Enrichment (Art, Music, Tumbling, and more)

Running with Paintbrushes: In this messy art and gym class children explore sensory art and active play gym-time exploration. Children have the opportunity to explore a messy and tactile art environment, through a station-play experience, then they get to release their energy in a gym setting complete with climbing, jumping, balancing and crawling apparatus. Dress for mess.

Musical Paintbrushes: This messy art and music program provides a station play experience in an art setting (ie play dough, paint, chalk, sand and much more!) followed by an engaging musical journey with instruments, scarves, puppets, and parachutes. Dress for mess.

Just for Me: A nurturing first step in your child's journey to group play, our program focuses on separation and cooperative learning. Children explore themes, concepts and social challenges. Teacher and caregivers work to maintain a journal that documents each child's growth. Daily activities include: music, messy art, station play, building, cooperative projects, sports, science units, special guests, snack time and more. Add 1/2 hour lunch and 1 1/2 hour of extended play. Members: \$25; non-members: \$30.

For Kids Only Pricing & Policies:

Make-up Classes: Two missed classes may be made up in any available class within the same term.

Cancellation Policy: Before the first day of class a full refund is issued, minus a \$25 processing fee. After the first day of class, tuition may be applied to an available class within one term. No refunds are issued.

Open Enrollment: Enrollment is open, based on availability. Classes are prorated for those who join in mid-term.

Discount Offers: 10% off second child or second class.

"Drop in" Classes: If you would like to join a class for the day and space is available, please contact Fun n Fit Coordinator Danta Chapman at 917.286.9800 or dchapman@mp-sportsclub.com to reserve a spot. Drop in pricing: Members \$40; non-members \$45 for classes up to 1 hr.