



Destination CitySpa

Splash Destination CitySpa at
The Sports Club/LA

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1980 Main Street • Irvine, California 92614
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Welcome

The Sports Club/LA Splash Destination CitySpa is a revolutionary concept in rejuvenation and wellness, combining the most scientifically advanced healing treatments with the luxury services and fitness facilities of a destination BodyMind retreat.

Our philosophy centers on our recognition of the uniqueness of each person's visit to our sanctuary. With this in mind, Splash Spa offers personalized treatments designed to suit your individual needs.

We invite you to let our team of trained professionals pamper you in the haven of tranquility we have created especially for you. Relax, renew, luxuriate and focus on your most important asset: you.



Splash Body

RELAX SWEDISH MASSAGE

De-stress your body and allow tension to melt away with this classic massage. Long, warming strokes will soothe your muscles, improve circulation and hasten the elimination of waste leaving you in a complete state of relaxation.

DE-STRESS DEEP TISSUE MASSAGE

This personalized massage focuses on treating specific muscle groups through the use of various massage techniques, releasing excess tension and increasing flexibility. Deep Tissue Massage stimulates circulation, relieves muscle soreness, increases range of motion, and re-energizes the body.

MOMMY-TO-BE MASSAGE

This massage is custom-designed to address the specific needs of pregnant women after their first trimester. Taking particular care to monitor contra-indications, this soothing massage will leave mom and baby in a complete state of bliss.

AROMATHERAPY MASSAGE

Pamper yourself, you deserve it! Harness the healing powers of evocative, aromatic, Cardamon Amber essential oils combined with a customized full-body massage to delight your senses.

TRANQUILITY STONE MASSAGE

Indulge in pure luxury as warm, smooth, black basalt stones penetrate deep into the muscle tissue, inducing deep relaxation and melt away tension.

NECK AND SHOULDER MASSAGE

If you are short on time, this focused upper-body massage will ease muscle tension, leaving you relaxed and ready to face the rest of your day.



Splash Body Enhancements

SCALP TREATMENT

While this conditioning treatment works its magic, you will receive a therapeutic neck and shoulder massage. This treatment will leave your hair silky smooth, your scalp conditioned, and your mind rested.

BODY SMOOTHER

For those on the go, renew your skin with this total body exfoliation that will hydrate your skin and leave you feeling silky smooth.

REFLEXOLOGY

Treat your feet! They deserve this celebrated form of bodywork. Relax and rejuvenate the thousands of nerve endings in the soles of your feet.

Splash Body Treatments

DETOX BODY WRAP

Our detoxifying wrap is the ultimate body-pampering experience. Begin with a full-body salt scrub, followed by a warm clay clarifying and purifying mask to oxygenate and revitalize tired skin. While cocooned in the warmth of the wrap, you will receive relaxing foot and scalp work with warm Ayurvedic oils that are specially formulated to rebalance your constitution, leaving your body re-energized and purified of all toxins.

HYDRATING ORANGE BLOSSOM WRAP

Experience ultimate hydration and indulge the senses with this aromatic and stimulating full-body wrap that promises to soothe and renew dry, overworked skin. Invigorate your body with our moisturizing Mandarin Orange Body Scrub and Hydrating Mineral Mask followed by a soothing massage with zesty Orange Blossom lotion and protein mist.

SPLASH SUN KISS

Sunless tanning is the perfect option for a gorgeous radiant tan without the health risks associated with baking in the sun. Look sun kissed all year round with our Customized Airbrush Tanning System.



DR. GROSS BODY PEEL

This patented body exfoliating system provides a precise blend of Alpha Hydroxy and Beta Hydroxy Acids to improve skin's tone, texture, and clarity while promoting collagen growth with gentle exfoliation to enhance the skin's overall radiance and health. Green Tea Extract and antioxidant Vitamins A, C and E leave skin soothed, balanced, firmed and protected. Perfect precursor to your tanning treatment for longer lasting and more even results.

Splash facials

BALANCING & DE-STRESS

VITALITY SPLASH SIGNATURE FACIAL

Our exclusive Splash Signature facial utilizes premium skin care products that contain highly effective concentrations of active ingredients to cleanse, exfoliate, hydrate, nourish and repair skin. This classic treatment is tailored to meet your skin care needs to restore health, vitality and inspire a younger and more radiant complexion. Face, neck, shoulder and hand massage leave you feeling balanced and rested.

INTENSE ANTI-OXIDANT FACIAL

This exceptional facial by Skinceuticals is a powerful antioxidant/anti-bacterial and anti-inflammatory treatment that increases cellular regeneration by providing potent vitamins and antioxidants to neutralize and protect all skin types from environmental free radical damage. It is the perfect antidote for skin that needs a circulation boost from air travel, illness, medication or stress.

PIGMENT BALANCING FACIAL

This clinical brightening treatment by Skinceuticals targets hyper-pigmentation to dramatically improve the uneven appearance of photo-damaged and mottled skin after a series of 4-6 treatments. The masque combines high-performance brightening and anti-inflammatory agents with a peeling acid solution to accelerate cell renewal and diffuse localized hyper-pigmentation resulting in even skin tone and overall radiance.



ANTI-AGING

DIAMOND PEEL

This highly effective European skin rejuvenation procedure removes the outermost layer of dead skin and stimulates the production of younger skin cells. A series of six is recommended.

INTRACEUTICALS® OXYGEN FACIAL

This revolutionary anti-aging skincare treatment infuses moisture, vitamins and anti-oxidants into the skin via cooling topical hyperbaric oxygen, leaving the skin luminous and noticeably hydrated for at least a week after treatment. This facial produces age-defying results as it delivers collagen and elastin production supplements into the deepest layers of the dermis, plumping the skin's surface to visibly reduce the appearance of fine lines and wrinkles. This treatment has the ability to dramatically improve the appearance of rosacea, hyper-pigmentation and photo-damaged skin.

GLOW AND GO

When you need to look your absolute best, this Epicuren® treatment is recognized as one of the most effective anti-aging facials, immediately giving your skin a more youthful and vibrant appearance. The stimulating Epicuren® Signature Enzyme Peel deeply exfoliates and resurfaces your skin while boosting cell metabolism and regeneration. The two-step tightening mask will leave your face visibly lifted and glowing, ready for any special occasion.

ACNE & EXFOLIATION

INTENSE ACNE RELIEF FACIAL

This deep-pore cleansing treatment is designed to remove impurities while helping to resurface, oxygenate and hydrate the skin with the purpose of diminishing acne-causing bacteria and calming inflammation. Ideal for inflamed, irritated, oily and acneic skin types.

SPLASH BACK CLEANSE

Delivering all the benefits of our Epicuren® Signature Facial, our signature Splash Back Cleanse is specifically designed to remove impurities that can accumulate on the back and shoulder areas. This treatment is a must for Backacne.



facial Enhancements

SPLASH SPA PEEL

This patented facial peel from the Dr. Gross Skincare System utilizes a synergistic blend of Alpha and Beta Hydroxy Fruit Acids, promising a visible difference in your skin's texture, firmness and radiance. This treatment is recommended for those fighting breakouts and rosacea or anyone wanting to brighten their skin tone. Add this facial to any additional treatment for maximum benefits.

SPLASH EYE REVIVE

This multi-action treatment is specifically designed to rejuvenate the delicate skin around the eye and is great for reducing puffiness, dark circles and minimizing wrinkles.

ATOXELENE INFUSION

At last, there is a better way to enjoy the benefits of anti-aging cosmetic injections with-out the expense, invasion or risk. Applied with the Intra-ceuticals® hyperbaric oxygen technology, Atoxylene Infusion instantly diminishes the appearance of expression lines and helps prevent them from forming in the future. This is the perfect anti-aging enhancement to add on to any of our facials.

EFFERVESCENT SEAFOAM BACK PACK

Our exclusive thermal mud spot treatment is the perfect way to enhance any facial. A warm, mineral-rich algae pack is applied to the spine for a thermal stimulation and detoxification, creating an immediate sensation of warmth and profound relaxation.

Splash Destination City Spa

Treat yourself and/or a friend to a day of fun, fitness and pampering. When you purchase two or more Splash services, we will be happy to schedule a complimentary day of BodyMind and fitness activities just for you!

We will customize your day according to your interests. You may choose from our wide variety of activities including Yoga, Tai Chi, BodyArt™ Pilates Mat and much more. You will also have your choice of cardio, dance-based and muscle conditioning classes.

The Sports Club/LA Splash combines the very best in Destination Spa treatments, services and facilities to create a unique spa and sports resort experience where you will feel as though you have flown far from the city for a day.

We would also be happy to custom-design a Splash Gift Certificate or Splash Beauty Bucket for any special occasion.

Closing

Please check in at the Splash Reception Desk at least 20 minutes prior to your service so that you may enjoy a shower, sauna or steam. As a courtesy to you, we will confirm your appointment one day in advance. To ensure that we provide the best service possible, cancellations must be received a minimum of 24 hours prior to your appointment. If we do not receive a 24-hour notice, your account will be charged for the full amount of the service(s) scheduled. Service fees do not include tax or gratuity.

Monday – Friday 9:00AM – 8:00PM

Saturday – Sunday 9:00AM – 6:00PM

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